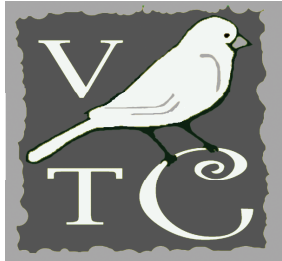


# Spectrum of Symptoms of Neurotoxic Exposure

Based on accumulated first hand experiences of the MCS Community

Neuroimmune damage and secondary affects incapacitate.



This table is not a scientific document, based on formal studies, but rather a collection of knowledge

from true life experiences. First, we became incapacitated, then we studied our own conditions, and then the U.S.A. acknowledged our condition - calling it "Multiple Chemical Sensitivity", (MCS). After MCS became a Federally Recognized Disability, the medical professionals gathered to give our condition another label: Chemical Intolerance. Healing is our goal, many of us would be half healed if more doctors understood and recognized our struggles. Thank you for taking the time to read this.  
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The Vermont Canaries.

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Neuroimmune damage noticeable. Development of secondary effects. Reactions to exposures lengthen. Life style and relationship behaviors change, whether sources of exposure are identified or not. *The following includes both states of being and common Reactions Upon Contact, (RUC).*

First awareness that something is "wrong". Noticing adverse reactions to neurotoxins.

"Dislike" of fragrance, new paint, car exhaust, etc.	Social behavior changes to avoid fragrances and other air born triggers	Social life tends to consist of doctor's visits and basic shopping
Dizziness	Balance affected, RUC	Lapses of consciousness
Confusion		Memory lapses, short & long term
Headaches	Migraines, RUC	
Moodiness	Anger flare reaction (liver toxicity), RUC	
Skin rashes or eczema		Full body surface or "skin pain"

Sleeping disorders affect self healing capacity
"Left" brain function becomes sporadic; affecting ability to prioritize, add, subtract, organize, and follow directions
Strange verbal "mix-ups"
Trouble accessing cognitive functions
Severe asthma
Constant muscle pain and stiffness
Uncontrollable vomiting
Inability to move when one wants to - "Enforced immobility"
Decreased immune response to common colds, strains and stress
Hormonal disturbance (sex hormones, thyroid, hair loss, menstrual problems)
Pain/Fatigue triggered by secondary stressors: light, noise, movement, emotional upset. RUC
Sudden onset of new allergies to natural substances.

Life events, such as physical injury, trauma, and stressful life and working conditions can "predispose" one to toxin based neuroimmune damage.